

NAME:



PLANET-FRIENDLY PLEDGE

Did you know it takes about 28 days to form a habit? By taking this pledge, you agree to be a good friend to the earth by practicing at least one earth-friendly activity every day for the next month. Maybe you'll swap plastic shopping bags for cloth ones, spend more time outdoors, walk or bike to nearby locations, or practice turning off the lights when you leave a room. Use the space below to brainstorm about the activity you'll commit to for the next 28 days. Every day that you engage in this new planet-friendly habit, check off a box in the Home Sweet Home tracker!

BRAINSTORM:

I can help the planet by...

Month:	S	M	T	W	T	F	S
Week 1:							
Week 2:							
Week 3:							
Week 4:							

THE ADVENTURES IN KINDNESS HOME SWEET HOME PLANET FRIENDLY PLEDGE!

I, _____, pledge to:

- Use less paper and plastic
- Help my family, friends, and school lower our trash levels
- Spend more time outside
- Reduce, reuse, and recycle
- Invent my own planet-friendly adventure!

Signature Here: _____